

Spiritual Anemia

Anemia is a medical condition that causes deficiency of red blood cells, hemoglobin (iron-protein that carries oxygen) or both. You need red blood cells hemoglobin to carry oxygen. We need oxygen to live.

I would like to look at Anemia as a spiritual condition. There are different types of anemia. Please review the types below and see if any of these sounds familiar.

1st type Iron Deficiency Anemia- This type is caused by an inadequate amount of iron. Signs and Systems include: fatigue, inability to concentrate.

Spiritual: Are you not taking in enough iron (Word) to sustain you? Are you lacking in your relationship with God? What is taking your concentration off of what God has for you? Does it seem hard to make the right decisions?

Treatment: Your strength needs to be build-up for the storms in life. So many times in life, we can get busy and we can get so 'caught-up', but we must not forget God and our relationship with HIM. Rebuild your supply of the WORD or increase your dosage. Recommit to your relationship with God. Go back to the basics! Do not try to function in lack! Isaiah 40:31

2nd Aplastic Anemia-This type is caused by a large amount of blood loss due to injury. Signs and Symptoms: Fatal bleeding and systematic infection (infection all over your body).

Spiritual: What situation in your life has caused you to feel like you have totally lost your connection with God? What pain or loss are you continuing holding on too?

Treatment: If you have ever experienced this condition, you know it can be fatal. One decision made can cause a ripple affect over your entire life. The moving or staying can cause a life-threatening condition. Don't commit spiritual suicide! Choose wisely! Titus 3:3-7

Acute Blood Loss-This type of anemia affects red blood cell count over a period of time or this condition can occur with a sudden blood loss.

Spiritual: What is eating a way at you slowly? Is it a habit, is it a relationship? Is it a money issue? Is it a family problem? Is it your job? What is it? Is it being at the wrong place in your life?

Treatment: 'It' could easily be that 'thing' that we pushed in the back of our minds and pretend that it is not there. Well, as long as we do that, it will slowly drain us. Let us not be afraid to address it. We must stop the cycles!

Luke 8:43-48

The woman with the issue of blood I believe must have suffered some form of anemia. This woman suffered bleeding for 12 years. She must have been physical mentally and spiritually drained. She must have felt like an outcast by friends and family alike, due to her condition. She had a condition that was not seen but yet everyone knew she had a problem. This woman had spent all her money on physicians trying to get treated for her infirmities.

There was only one PHYSICIAN that could heal this woman. That was Jesus. This woman was desperate but had to get to Jesus. In a crowd of some people, she pressed her way to get to her healing. She had faith to believe that she would be healed. Through the crowd she reached out her hand and touched the hem of Jesus garment and she was healed. This woman was not only healed of the physical condition but all mental and spiritual as well. In verse 48 Jesus tells her to go in peace.

A peace of mind is a blessing to have, never taken it for granted. But through it all there is only one that can give you that kind of peace. Make a decision now to seek the only PHYSICIAN that can heal all your conditions.